



## **Parents Information Packet**

### **Midget Basketball League**

Packet includes:

1. Information on Equipment and Gym Rules
2. Important Dates to Remember
3. Evaluation Information
4. Concussion information and return to play policy
5. Information on Being a Good Youth Sport Parent
6. Youth Athlete Code of Conduct
7. League Rules
8. Gym Addresses

PLEASE TAKE THE TIME TO READ OVER ALL OF THE ENCLOSED MATERIAL. IT WILL HELP MAKE THIS A GREAT SEASON FOR YOU, YOUR CHILD, AND THE BULLOCH COUNTY COMMUNITY.

THANK YOU.

Website

[www.bullochrec.com](http://www.bullochrec.com)

## **2025-2026 Youth Basketball Timeline and** **Important Dates to Remember**

- Youth Basketball Evaluations: Week of November 10<sup>th</sup>
- Teams Post: Wednesday November 19<sup>th</sup>
- BOE Thanksgiving Break: November 24<sup>th</sup> – 28<sup>th</sup>
- First Youth Basketball Practices: Week of December 1<sup>st</sup>
- BOE Christmas Break: December 22<sup>nd</sup> – January 1<sup>st</sup>
- Martin Luther King Holiday: January 29<sup>th</sup>
- Last Meeting Day: Week of February 15<sup>th</sup>
- BOE Winter Break: February 13<sup>th</sup> – 16<sup>th</sup>

# Youth Basketball Player Evaluation Schedule

**\*\*\*Teams will be posted on Wednesday , November 19<sup>th</sup>\*\*\***  
Teams and Practice schedules on posting

## Pee Wee (4 year olds)

<u>Facility</u> Langston Chapel Elem	<u>Day</u> Monday	First meeting date will be Monday, January 12, 2025
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## Short Stuffs (5 to 6 year olds)

<u>Location</u>	<u>Facility</u>	<u>Day</u>	No Player Evaluations will be held for this age group.
Statesboro	Mattie Lively Elem	Mon/Th/Sat	
S. Bulloch	Brooklet & Nevils	Mon/Th/Sat	
N. Bulloch	Portal Elem	Mon/Th/Sat	

## Tiny Minor Girls (7 to 9 year olds)

<u>Location</u>	<u>Facility</u>	<u>Day</u>	No Player Evaluations will be held for this age group
Statesboro	Sallie Z.	Tue/Th/Sat	
Stilson	Stilson Elem	Tue/Th/Sat	
Nevils	Nevils Elem	Tue/Th/Sat	
Brooklet	Brooklet Elem	Tue/Th/Sat	
N. Bulloch	Portal Elem Gym	Tue/Th/Sat	

## Tiny Mite Boys (7 to 8 year olds)

<u>Location</u>	<u>Facility</u>	<u>Day</u>	No Player Evaluations will be held for this age group
Statesboro	Mattie Lively Elem.	Tue/Th/Sat	
Stilson	Stilson Elem	Tue/Th/Sat	
Nevils	Nevils Elem	Tue/Th/Sat	
Brooklet	Brooklet Elem	Tue/Th/Sat	
N. Bulloch	Portal Elem Gym	Tue/Th/Sat	

## Minor Boys (9 and 10 year olds)

<u>Location</u>	<u>Facility</u>	<u>Day</u>	<u>Player Evaluations</u>
Statesboro	Sallie Z.	Mon/Th/Sat	Sat. Nov 15 @ 9:00Am
Stilson	Stilson Elem	Mon/Th/Sat	Sat. Nov 15 @ 9:00AM
Nevils	Nevils Elem	Mon/Th/Sat	Sat. Nov 15 @ 9:00AM
Brooklet	Nevils Elem	Mon/Th/Sat	Sat. Nov 15 @ 9:00AM
N. Bulloch	Portal Elem Gym	Mon/Th/Sat	Sat. Nov 15 @ 9:00AM

## Midget Girls (10 and 12 year olds)

<u>Location</u>	<u>Facility</u>	<u>Day</u>	<u>Player Evaluations</u>
Statesboro	Julia P Bryant Elem.	Tue/Th/Sat	Thurs. Nov 13 <sup>th</sup> @ 6:00PM
S. Bulloch	Stilson Elem	Tue/Th/Sat	Thurs. Nov 13 <sup>th</sup> 6:00PM
N. Bulloch	PHS Gym	Tue/Th/Sat	Thurs. Nov 13 <sup>th</sup> @ 6:00PM

## Midget Boys (11 and 12 year olds)

<u>Location</u>	<u>Facility</u>	<u>Day</u>	<u>Player Evaluations</u>
Statesboro	Julia P Bryant Elem.	Mon/Wed/Sat	Wed. Nov 12 @ 6:00pm
S. Bulloch	Stilson Elem	Mon/Wed/Sat	Wed. Nov 12 @ 6:00PM
N. Bulloch	PHS Gym	Mon/Wed/Sat	Wed. Nov 12 @ 6:00PM

## Youth Basketball Player Evaluation Schedule

**\*\*\*Teams will be posted on Wednesday, November 19<sup>th</sup> \*\*\***

Teams and Practice schedules on posting

### **Junior Girls (13 and 14 year olds)**

<u>Location</u>	<u>Facility</u>	<u>Day</u>	<u>Player Evaluations</u>
Statesboro	Julia P Bryant	Tues/Sat	TBA
S. Bulloch	SEBMS	Tues/Sat	TBA
N. Bulloch	PHS Gym	Tues/Sat	TBA

### **Junior Boys (13 and 14 year olds)**

<u>Location</u>	<u>Facility</u>	<u>Day</u>	<u>Player Evaluations</u>
Statesboro	Julia P Bryant	Wed/Sat	TBA
S. Bulloch	SEBMS	Wed/Sat	TBA
N. Bulloch	PHS Gym	Wed/Sat	TBA

# Concussion

## INFORMATION SHEET



**CDC HEADS UP**  
SAFE BRAIN. STRONGER FUTURE.

This sheet has information to help protect your children or teens from concussion or other serious brain injury. Use this information at your children's or teens' games and practices to learn how to spot a concussion and what to do if a concussion occurs.

## What Is a Concussion?

A concussion is a type of traumatic brain injury—or TBI—caused by a bump, blow, or jolt to the head or by a hit to the body that causes the head and brain to move quickly back and forth. This fast movement can cause the brain to bounce around or twist in the skull, creating chemical changes in the brain and sometimes stretching and damaging the brain cells.

## How Can I Help Keep My Children or Teens Safe?

Sports are a great way for children and teens to stay healthy and can help them do well in school. To help lower your children's or teens' chances of getting a concussion or other serious brain injury, you should:

- Help create a culture of safety for the team.
  - Work with their coach to teach ways to lower the chances of getting a concussion.
  - Talk with your children or teens about concussion and ask if they have concerns about reporting a concussion. Talk with them about their concerns; emphasize the importance of reporting concussions and taking time to recover from one.
  - Ensure that they follow their coach's rules for safety and the rules of the sport.
  - Tell your children or teens that you expect them to practice good sportsmanship at all times.
- When appropriate for the sport or activity, teach your children or teens that they must wear a helmet to lower the chances of the most serious types of brain or head injury. However, there is no “concussion-proof” helmet. So, even with a helmet, it is important for children and teens to avoid hits to the head.



**Plan ahead.** What do you want your child or teen to know about concussion?

## How Can I Spot a Possible Concussion?

Children and teens who show or report one or more of the signs and symptoms listed below—or simply say they just “don't feel right” after a bump, blow, or jolt to the head or body—may have a concussion or other serious brain injury.

### Signs Observed by Parents or Coaches

- Appears dazed or stunned
- Forgets an instruction, is confused about an assignment or position, or is unsure of the game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events *prior to* or *after* a hit or fall

### Symptoms Reported by Children and Teens

- Headache or “pressure” in head
- Nausea or vomiting
- Balance problems or dizziness, or double or blurry vision
- Bothered by light or noise
- Feeling sluggish, hazy, foggy, or groggy
- Confusion, or concentration or memory problems
- Just not “feeling right,” or “feeling down”

**Talk with your children and teens about concussion.** Tell them to report their concussion symptoms to you and their coach right away. Some children and teens think concussions aren't serious, or worry that if they report a concussion they will lose their position on the team or look weak. Be sure to remind them that *it's better to miss one game than the whole season.*



[cdc.gov/HEADSUP](http://cdc.gov/HEADSUP)

# SPORT PARENT CODE OF CONDUCT

I therefore agree:

1. I will not force my child to participate in sports
2. I will remember that children participate to have fun and that the game is for youth, not adults.
3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
4. I will learn the rules of the game and the policies of the league.
5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice, or other sporting event.
6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
7. I will not encourage any behaviors or practices that would endanger the health and wellbeing of the athletes.
8. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
9. I will demand that my child treat other players, coaches, officials, and spectators with respect regardless of race, creed, color, sex, or ability.
10. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
11. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
12. I will never ridicule or yell at my child or other participant for making a mistake or losing a competition.
13. I will emphasize skill development and practices and how they benefit my child over winning. I will also deemphasize games and competition in the lower age groups.
14. I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.
15. I will respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place.
16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sports events.
17. I will refrain from coaching my child or other players during games and practices unless I am one of the official coaches of the team.

## Modified 3v3 Basketball Rules

- 15:00 Halves (Running Clock Until Last 1 Minute of each half)
- Clock only stops on injuries and timeouts.
- Opening possession will be decided by a coin flip.
- Half-court format.
- Ball must be taken out from the top of the key to begin a possession.
- On all dead balls the ball will be taken out from the top of the key.
- After a defensive rebound, the ball must be taken out anywhere beyond the 3-point arch.
- You can't score for the other team; a violation will be called.
- GHSA fouls apply.
- Only one free-throw will be permitted per foul that it applies to. The team shooting will get the ball back after the free-throw shot and will bring the ball back in at the top of the key to begin a new possession.
- If a shot is made on a foul, the goal counts. No free throw and the offense will keep possession of the ball.
- Midget Girls: Defense Special Rule. Must play defense inside of the 3-point arc.

## Addresses for BOE Gyms

### Location

### Address

Brooklet Elementary	600 West Lane St, Brooklet, GA 30415
Juila P. Bryant Elementary	421 West Main St, Statesboro, GA 30458
Langston Chapel Elementary	150 Langston Chapel Rd, Statesboro, GA 30458
Langston Chapel Middle	156 Langston Chapel Rd, Statesboro, GA 30458
Mattie Lively Elementary	204 Debbie Dr, Statesboro, GA 30461
Mill Creek Elementary	239 Beasley Rd, Statesboro, GA 30461
Nevils Elementary	8438 Nevils-Groveland Rd, Statesboro, GA 30458
Portal Elementary	328 Grady St South, Portal, GA 30450
Portal Middle/High	27245 Hwy 80 West, Portal, GA 30450
Sallie Z. Elementary	1200 Cawana Rd, Statesboro, GA 30461
Southeast Bulloch Middle	9124 Brooklet/Denmark Hwy, Brooklet, GA 30415
Southeast Bulloch High	9184 Brooklet/Denmark Hwy, Brooklet, GA 30415
Statesboro High	10 Coach Lee Hill Blvd, Statesboro, GA 30458
Stilson Elementary	15569 Hwy 119, Brooklet, GA 30415
William James Middle	18809 Hwy 80 West, Statesboro, GA 30458